

SOCIAL MEDIA PRIVACY RESET

LOCK DOWN WHAT STRANGERS CAN SEE.

18 SETTINGS. 4 PLATFORMS. 10 MINUTES EACH.



FACEBOOK / INSTAGRAM

AUDIENCE + APP ACCESS

- ✓ **POSTS**
Friends only.
- ✓ **CONNECTED APPS**
Remove anything you don't recognize.
- ✓ **FACE RECOGNITION**
Disable completely.
- ✓ **POST LOCATION**
Turn it off.
- ✓ **AD PREFERENCES**
Limit personalization.



X (TWITTER)

DISCOVERY + DATA SHARING

- ✓ **PROTECT POSTS**
Turn it on.
- ✓ **POST LOCATION**
Remove saved location data.
- ✓ **EMAIL / PHONE DISCOVERY**
Turn both options off.
- ✓ **PARTNER DATA SHARING**
Disable all.
- ✓ **PERSONALIZATION**
Disable all.



LINKEDIN

PROFILE + NETWORK VISIBILITY

- ✓ **OFF-LINKEDIN VISIBILITY**
Turn it off.
- ✓ **PROFILE UPDATE ALERTS**
Stop broadcasting every change.
- ✓ **CONNECTIONS LIST**
Set visibility to Only you.
- ✓ **PROFILE PHOTO**
Connections only.



TIKTOK

ACCOUNT + LOCATION PRIVACY

- ✓ **PRIVATE ACCOUNT**
Turn it on.
- ✓ **SUGGEST ACCOUNT**
Turn it off.
- ✓ **LOCATION PERMISSION**
Set phone access to Never.
- ✓ **AD PERSONALIZATION**
Turn it off.

THE 10-MINUTE PRIVACY RESET



AUDIENCE
FRIENDS / FOLLOWERS ONLY



DISCOVERY
EMAIL + PHONE LOOKUP OFF



LOCATION
POST TAGS + PHONE ACCESS OFF



APP ACCESS
REMOVE UNKNOWN APPS

TEN MINUTES PER PLATFORM. SHRINK WHAT A STRANGER CAN FIND.



THE DEFAULT RULE
PRIVATE BY DEFAULT. PUBLIC ON PURPOSE.

Menu names can change. Start in Settings, then Privacy or Visibility.