

THE 10-MINUTE LOCKDOWN

YOU'RE 10 MINUTES FROM BEING A BAD INVESTMENT.

Scammers don't pick interesting targets. They pick easy ones. Do these six things and you leave the easy pool.

- ❑ **MINUTES 1-2: CHECK THE DAMAGE.** Go to haveibeenpwned.com, enter your email. See which of your passwords are already circulating.
- ❑ **MINUTES 3-5: CHANGE YOUR EMAIL PASSWORD.** It's the master key to every account you own. Make it a sentence: `my-dog-ate-4-socks-in-March`. Long beats clever.
- ❑ **MINUTES 6-7: TWO-FACTOR ON EMAIL.** Settings, then Security, then Two-Step Verification. A stolen password becomes useless without your phone.
- ❑ **MINUTE 8: UPDATE YOUR PHONE.** Stop swiping away the update. It's patching holes criminals scan for daily.
- ❑ **MINUTE 9: AUTO-UPDATES ON.** So you never do minute 8 again.
- ❑ **MINUTE 10: TEXT YOUR FAMILY ONE RULE.** "Urgent, secret, or about money means screenshot it and send it to me first."

Done? You just did more than most people ever do.

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